

SOCIAL AND HEALTH CARE OVERVIEW & SCRUTINY COMMITTEE

Date of Meeting	Thursday 14 June 2018
Report Subject	Regional Mental Health Strategy
Cabinet Member	Cabinet Member for Social Services
Report Author	Chief Officer for Social Services
Type of Report	Strategic

EXECUTIVE SUMMARY

This report summarises the main elements of the North Wales Mental Health strategy, Together for Mental Health. The report is a 5 year plan for BCUHB to develop mental health services and to work with partners to improve services for the citizens of North Wales, alongside partners including the council. A delivery Plan for the implementation of the strategy is included. BCUHB lead officer will present the strategy and this report serves to introduce the strategy and present the main themes.

RECOMMENDATIONS

1	Scrutiny consider and comment on the North Wales Together for Mental Health Strategy
2	Scrutiny consider how Flintshire County Council can further contribute to the strategy.

REPORT DETAILS

1.00	EXPLAINING THE REGIONAL MENTAL HEALTH STRATEGY
1.01	This is a new strategy for mental health in North Wales, developed by Betsi Cadwaladr University Health Board (BCUHB). This is an all-age mental health strategy, but does not encompass either substance misuse services

	or learning disability services. We will develop separate strategies for each of those two services.
1.02	This strategy has been coproduced with service user and staff involvement, and prepared in close consultation with our partners in North Wales. When the strategy is approved, we will prepare a detailed action plan for its implementation.
1.03	Responsibility for developing and implementing this strategy is shared across three levels, the Mental Health & Learning Disabilities Division within, BCUHB and the wider health and care system including partners such as Local Authorities and Third Sector organisations. Much of what is planned here, to be implemented successfully, will need the active support and commitment of partners working together across North Wales, although, some actions can be taken forward by BCUHB independently.
1.04	The strategy commits us to adopting six key principles in everything we do: <ul style="list-style-type: none"> • We will treat people who use our services, and their carers and families as equal partners – all of us must be seen as essential assets in improving the mental health and wellbeing of the communities of North Wales • We will ensure everything we do is as integrated as possible – across disciplines, across agencies, across services – in both planning services, and delivering services. Fragmented care must be replaced by joined-up and continuous care. • We will work to ensure everyone feels valued and respected • We will support and promote the best quality of life for everyone living with mental health problems • We will promote local innovation and local evaluation in how we provide services • We will continually measure our impact on outcomes, within both national and local quality and outcomes frameworks – whether we have improved the lives of people for and with whom we provide services.
1.05	The strategy confirms our aim to offer a comprehensive range of services which: <ul style="list-style-type: none"> • Promote health and wellbeing for everyone, focussing on prevention of mental ill health, and early intervention when required; • Provide evidence based interventions for people with common mental health conditions in the community as early as possible. • Are community-based wherever possible, reducing our reliance on inpatient care • Identify and provide evidence based care and support for people with serious mental illness as early as possible; • Manage acute and serious episodes of mental illness safely, compassionately, and effectively; • Support people to recovery, to regain and learn the skills they need after mental illness • Assess and provide effective evidence based interventions for the full range of mental health problems, working alongside services for people with physical health needs.

1.06	<p>The strategy therefore commits us to a wide range of specific actions and ambitions. Significant amongst those are:</p> <ul style="list-style-type: none"> • New services and approaches will be available to promote good mental health: promotion of the five ways to wellbeing; schools-based programmes; employer-based approaches; welfare rights and money advice • A Family approach will be taken ensuring all are attended to and the assets of the family and community are valued • Peer support and other services will be available as a step-down option from statutory community care • Social prescribing will be more widely available, promoting access to education, exercise, personal and creative development. • We will improve the availability of a range of psychological therapies, including online therapeutic interventions • People experiencing first episode psychosis will have access to the full range of NICE-approved interventions, this is a joint model Adult Mental Health and CAMHS for young people aged 14 – 25years • There will be alternatives available to inpatient admission for those able to manage safely in more intensive community situations • All ward environments will be fit for purpose, safe and humane • Information about patients’ history, and care and treatment plans will be available in real-time to all staff working with them • There will be a realistic and sustainable fit between our service commitments, and the numbers and skills of staff to deliver them • We will ensure full and effective governance of both our commissioned services, and those we directly provide.
1.07	<p>BCUHB will aim to develop closer and stronger working relationships with all partners to ensure the successful implementation of this strategy.</p>
1.08	<p>The strategy is taken forward by a steering group chaired by the Vice Chair of the Health Board, Margaret Hanson. The Chief Officer for Social Service sits on this board. The overall governance for the strategy is also taken forward by the Regional Partnership Board, a statutory board set up under Part 9 of the Social Services and well-being Act., on which the Cabinet Member for Social Service sits, supported by the Chief Officer for Social; Services .</p>
1.09	<p>Lesley Singleton is the lead officer in BCUHB for the strategy and will present the report to committee</p>

2.00	RESOURCE IMPLICATIONS
2.01	None specifically arising for the council, arising from this report.

3.00	CONSULTATIONS REQUIRED / CARRIED OUT
3.01	<p>Extensive consultation was taken forward by BCUHB officers concerning the completion of this stagey, including discussion at the Regional Partnership Board. The discussion with scrutiny committee will be a further important phase of this consultation , extensive consultation with service users, carers and the third sector agencies have been a feature of the development of the strategy</p>

4.00	RISK MANAGEMENT
4.01	As a key partner the council is asked to consider and support the strategy.

5.00	APPENDICES
5.01	The strategy
5.02	The delivery plan

6.00	LIST OF ACCESSIBLE BACKGROUND DOCUMENTS
6.01	<p>A full delivery plan for the implementation of the strategy is appended to the document on appendix 2</p> <p>Contact Officer: Neil Ayling, Chief Officer Social Services Telephone: 01352 704511 E-mail: neil.j.ayling@flintshire.gov.uk</p>

7.00	GLOSSARY OF TERMS
7.01	